**10km**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Pos'n | Bib | Name | Age Group | H'cap Time | Actual Time |
| 1 | 52 | Paul Atherton | SM | (75:10) | 57:45 |
| 2 | 41 | Maura Kelly | W50 | (75:24) | 69:47 |
| 3 | 51 | Dick Callin | M60 | (75:31) | 63:03 |
| 4 | 45 | Paul Sayle | M40 | (76:05) | 57:32 |
| 5 | 15 | Keira Heavey | U20W | (76:15) | 59:27 |
| 5 | 22 | Diane Brown | W45 | (76:15) | 73:07 |
| 7 | 31 | Phil Swales | M50 | (76:29) | 64:38 |
| 8 | 11 | Leanne Venables | SW | (76:46) | 68:26 |
| 9 | 28 | Adie Corlett | M55 | (76:50) | 69:33 |
| 10 | 26 | Colin Moore | M60 | (77:01) | 67:45 |
| 11 | 17 | Amy Sykes | SW | (77:23) | 74:51 |
| 12 | 2 | Hannah Hunter | W35 | (77:31) | 56:58 |
| 13 | 21 | Angela Robinson | W50 | (77:49) | 67:44 |
| 14 | 29 | Kerry Palmer | W45 | (77:50) | 68:58 |
| 15 | 24 | Alan Gault | M60 | (78:03) | 74:31 |
| 16 | 20 | Andy Baxendale | M50 | (78:21) | 70:03 |
| 17 | 6 | Melissa Lines | W40 | (78:31) | 78:31 |
| 18 | 19 | Jayne Farquhar | W50 | (79:08) | 63:05 |
| 19 | 14 | Vicki Heavey | W45 | (79:10) | 71:23 |
| 20 | 33 | Gianni Epifani | M45 | (79:30) | 49:41 |
| 21 | 16 | Lorna Gleave | W35 | (80:36) | 66:46 |
| 22 | 3 | Louise Hollings | W40 | (80:47) | 66:28 |

**Overall**

|  |  |  |
| --- | --- | --- |
| Pos'n | Name | Points |
| 1 | Leanne Venables | 390 |
| 2 | Keira Heavey | 378 |
| 3 | Adie Corlett | 374 |
| 4 | Alan Gault | 371 |
| 5 | Diane Brown | 368 |
| 6 | Ian Callister | 366 |
| 7 | Colin Moore | 365 |
| 8 | Kerry Palmer | 364 |
| 9 | Jayne Farquhar | 362 |
| 10 | Hannah Hunter | 358 |
| 10 | Amy Sykes | 358 |
| 12 | Denise Bridson | 357 |
| 12 | Angela Robinson | 357 |
| 14 | Andy Baxendale | 356 |
| 15 | Louise Hollings | 354 |
| 16 | Phil Swales | 353 |
| 16 | Lorna Gleave | 353 |
| 18 | Maura Kelly | 350 |
| 19 | Gianni Epifani | 344 |
| 19 | Melissa Lines | 344 |
| 21 | Vicki Heavey | 326 |

**5km**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Pos'n | Bib | Name | Age Group | H'cap Time | Actual Time |
| 1 | 177 | Josie Lorimer | W55 | (39:58) | 35:57 |
| 2 | 109 | Nick Wallinger | V45 | (43:18) | 35:05 |
| 3 | 179 | Tony Edwards | M55 | (43:31) | 29:30 |
| 4 | 178 | Pippa Clague | W40 | (44:02) | 44:02 |
| 5 | 115 | Rosie Glen | SW | (44:03) | 44:03 |
| 6 | 103 | Mia Dunwell | U17 | (44:41) | 28:14 |

Overall

|  |  |  |
| --- | --- | --- |
| Pos'n | Name | Points |
| 1 | Nick Wallinger | 396 |
| 2 | Mia Dunwell | 395 |
| 3 | Rosie Glen | 391 |
| 4 | Alex Cowie | 390 |

1km

|  |  |  |  |
| --- | --- | --- | --- |
| Pos'n | Bib | Name | Actual Time |
| 1 | 106 | Lilee Fletcher | 7.12 |
| 2 | 180 | Fynn Gleave | 7.13 |
| 3 | 110 | Harry Swales | 8.22 |
| 4 | 107 | Jay Jay Fletcher | 8.23 |
| 5 | 123 | Aalin Heavey | 8.32 |