|  |  |  |  |  |  |
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| Race No. | | Name | Club | Age Cat | Time |
| 5km | | | | | |
| 127 | Gianni Epifani | | Manx Harriers | M45 | 23.27 |
| 124 | Hannah Hunter | | Manx Harriers | SW | 24.19 |
| 130 | Tony Edwards | | Unattached | M50 | 28.20 |
| 132 | Alice Bellando | | Manx Harriers | U17W | 30.15 |
| 126 | Jayne Farquhar | | Manx Harriers | W45 | 30.43 |
| 133 | Bernie Johnson | | Unattached | SW | 31.26 |
| 129 | Sharon Cain | | Western A.C. | W45 | 31.54 |
| 131 | Nikki Raven | | Manx Harriers | M50 | 32.23 |
| 125 | Louise Hollings | | IOMVAC | W35 | 32.26 |
| 110 | Maura Kelly | | Northern A.C. | W45 | 33.12 |
| 128 | Louise Cowell | | Unattached | SW | 35.28 |
| 107 | Henry Da Silva | | IOMVAC | M80 | 44.27 |
| 2km | | | | | |
| 50 | Abbie Edwards | | Unattached | U15G | 13.31 |
| 1km | | | | | |
| 49 | Alexandra Nicoll | | Manx Harriers | U11G | 6.35 |
| 48 | Orla Goddard | | Northern A.C. | U11G | 6.48 |