Race walks under Permit No. RWA6008-1 (Category A)

**20 km walk results**

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| **Name** |  | **Club** | **Race No.** | **Cat** | **Race Time** |
| Adam Cowin |  | Manx Harriers | 40 | M | 1hr 38min 54 sec |
| Sam Fletcher |  | Manx Harriers | 44 | M | 1hr 53min 39sec |
| Hannah Hunter |  | Manx Harriers | 42 | F | 1hr 53min 47sec |
| James Quirk |  | Manx Harriers | 43 | M | 1hr 57min 14 sec |
| Stewart Jones |  | Manx Harriers | 41 | M | 2hr 03min 41 sec |
| Mark Byrne |  | Redcar RWC | 47 | M | 2hr 26min 33sec |
| Evan Lynch |  | Clonmel | 45 | M | DNS |
| Erika Kelly |  | Northern A.C | 46 | F | DNS |

**10 km walk results**

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| **Name** | **Club** | **Race No.** | **Cat** | **Age Cat** | **Race Time** |
| Aaron Egan | Clonmel | 116 | M | JM | 47.36 |
| Anthony Tobin | Clonmel | 117 | M | JM | 48.50 |
| Gianni Epifani | Manx Harriers | 111 | M | M40 | 50.35 |
| Joe Mooney | Adamstown | 115 | M | JM | 50.56 |
| Nicholas Dunphy | KCH | 118 | M | SM | 53.49 |
| Sinead O'Connor | Celbridge | 108 | F | JW | 53.56 |
| Orlaith Delahunt | Sligo | 106 | F | JW | 55.46 |
| Ashling Heneghan | Westport  | 109 | F | SW | 56.09 |
| Ray Beattie | Manx Harriers | 113 | M | M55 | 59.23 |
| Ed Walter | Manx Harriers | 112 | M | M40 | 63.13 |
| Jayne Farquhar | IOMVAC | 121 | F | W45 | 64.27 |
| Kathryn Clough | Unattached | 122 | F | W40 | 65.29 |
| Louise Hollings | IOMVAC | 119 | F | W35 | 65.48 |
| Sharon Cain | Western A.C. | 120 | F | W45 | 66.00 |
| Voirrey Caine | Unattached | 123 | F | W50 | 72.17 |
| Dale Farquhar | Manx Harriers | 114 | M | M35 | DNF |

**5 km walk results**

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| **Name** | **Club** | **Race No.** | **Cat** | **Age Cat** | **Race Time** |
| Tom Partington | Manx Harriers | 52 | M | JM | 23.06 |
| Niamh O'Connor | Celbridge | 57 | F | U17W | 25.19 |
| Adam McInerney | Suncroft | 55 | M | U17M | 26.53 |
| Tony Mackintosh | IOMVAC | 62 | M | M40 | 27.04 |
| Rachel Glennon | Mullingar Harriers | 64 | F | JW | 27.25 |
| Sarah Bourke | Celbridge | 67 | F | SW | 27.51 |
| Matthew Haddock | Manx Harriers | 53 | M | SM | 29.02 |
| Anna Bourke | Celbridge | 58 | F | U17W | 29.10 |
| Rebecca Greatbatch | Manx Harriers | 51 | F | JW | 29.54 |
| Fina Hayes | Le Cheile | 59 | F | JW | 30.10 |
| Simon Scott | Unattached | 60 | M | M45 | 31.03 |
| Triona Mooney | Adamstown | 56 | F | U17W | 31.13 |
| Maura Kelly | Northern A.C | 54 | F | W45 | 35.45 |
| Kath Crilley | Surrey W.C. | 68 | F | W65 | 37.48 |
| Lucy Webber | Western A.C. | 61 | F | U17W | DNS |
| Orlaith Delahunt | Sligo | 63 | F | JW | DNS |
| Sinead O'Connor | Celbridge | 65 | F | JW | DNS |
| Ashling Heneghan | Westport  | 66 | F | SW | DNS |

**3 km walk results**

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| **Name** | **Club** | **Race No.** | **Cat** | **Age Group** | **Race Time** |
| Stephen Waddington | Manx Harriers | 33 | M | U15B | 15.48 |
| Eva Delahunt | Sligo | 32 | F | U15G | 17.00 |
| Alice Bellando | Manx Harriers | 31 | F | U15G | 17.39 |
| **1 km walk results**  |  |  |  |  |  |
| **Name** | **Club** | **Race No.** | **Cat** | **Race Time** | **Pos** |
| Olivia Corran | Manx Harriers | 103 | F | 6.47 | 1 |
| Daniel Lawrie | Unattached | 101 | M | 7.05 | 2 |
| Grayse Fletcher | Unattached | 105 | F | 7.46 | 3 |
| Sophie Lawrie | Unattached | 102 | F | 8.15 | 4 |
| Joshua Corran | Unattached | 104 | M | 8.21 | 5 |
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**10 km run results**

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| --- | --- | --- | --- | --- | --- |
| **Name** | **Club** | **Race No.** | **Cat** | **Age Group** | **Race Time** |
|  |  |  |  |  |  |
| Andy Barron | Manx Harriers | 2 | M | SM | 32.47 |
| Jamie Newton | Manx Harriers | 3 | M | M35 | 34.22 |
| Jack Okell | Manx Harriers | 5 | M | SM | 34.58 |
| Andy Isaac | Manx Tri Club | 11 | M | SM | 35.56 |
| Paul Rodgers | Manx Fell Runners | 9 | M | M35 | 36.08 |
| Ian Goatman | Manx Fell Runners | 10 | M | M35 | 36.16 |
| Richard Highfield | Manx Harriers | 6 | M | SM | 37.01 |
| Joseph Ricciardi | Manx Harriers | 8 | M | JM | 37.53 |
| Tim Knott | Manx Harriers | 7 | M | M35 | 38.41 |
| Juan Kinley | Manx Tri Club | 12 | M | M50 | 39.01 |
| Ashley Kneale | Unattached | 19 | M | SM | 40.18 |
| James Moffett | Unattached | 23 | M | M35 | 41.06 |
| Gail Griffiths | Manx Harriers | 24 | F | W50 | 44.52 |
| Steve Jones | Northern A.C | 14 | M | M40 | 46.08 |
| Andrew Wilkinson | Northern A.C | 15 | M | M50 | 46.17 |
| Jason Cochrane | Western A.C. | 16 | M |

|  |
| --- |
| M45 |

 | 46.56 |
| Michael Crook | Western A.C. | 17 | M | M50 | 47.22 |
| Jo Sykes | Manx Harriers | 25 | F | W50 | 56.11 |
| Kevin Loundes | Manx Harriers | 1 | M | M35 | DNS |
| Jamie Hayes | Unattached | 18 | M | SM | DNS |
| Paul Keen | Unattached | 20 | M | M35 | DNS |
| Darren Shaw | Unattached | 21 | M | M35 | DNS |
| Ian Liddle | Unattached | 22 | M | M45 | DNS |
| Nigel Quaye | Manx Tri Club | 13 | M | SM | DNS |
| Caroline Moran | Western A.C. | 26 | F | W45 | DNS |
| Anja Hav Thomsen | Unattached | 27 | F | W40 | DNS |
| Paul Sykes | Manx Harriers | 4 | M | M40 | DNS |
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| UKA Licence No. | 2016 - 23624 |  |  |  |  |
| Run under UKA | Rules for competition |  |  |  |  |